



BRITSAFE LEVEL 1

AWARD IN CARE HOME HEALTH AND SAFETY PROTOCOLS

103/5224/1



Introduction:

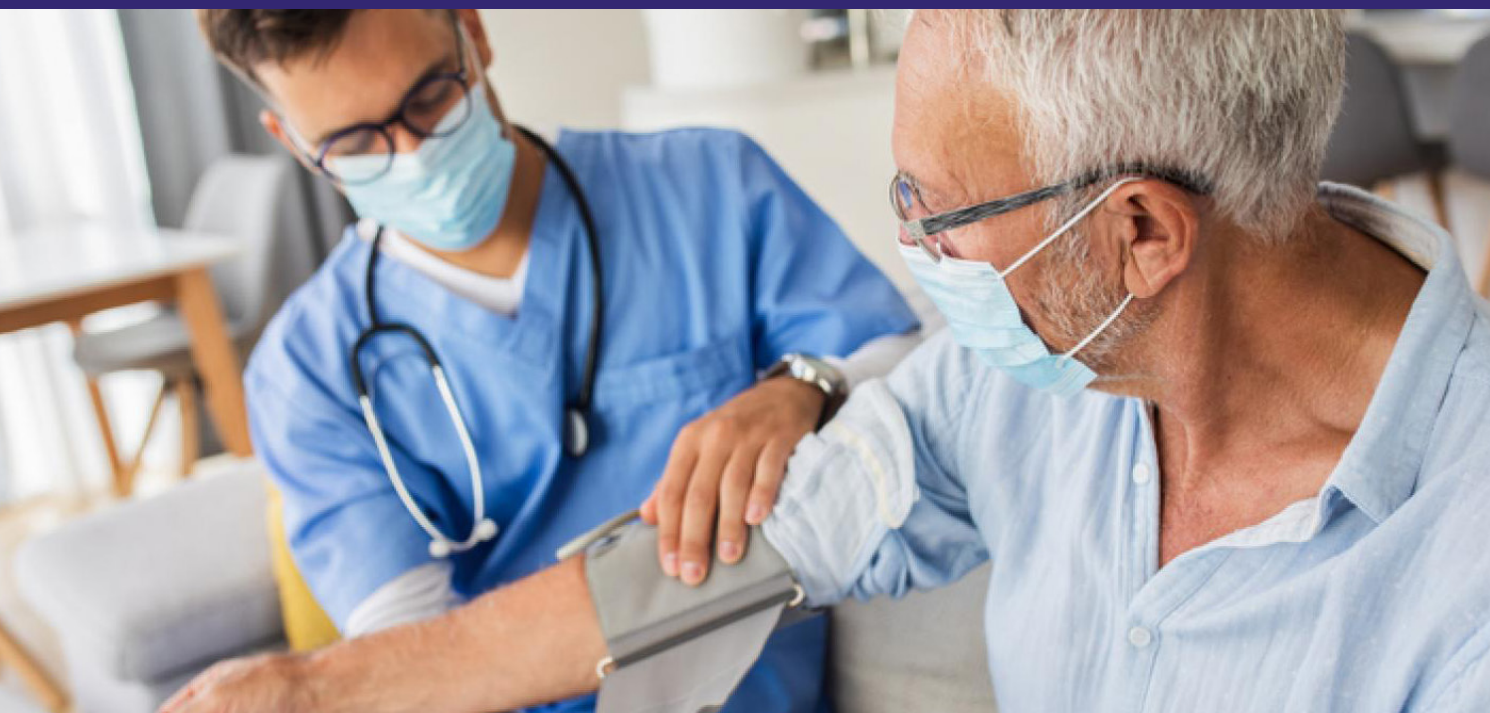
The Britsafe Level 1 Award in Care Home Health and Safety Protocols is an entry-level qualification designed to equip care home workers, support staff, and new entrants to the adult care sector with essential knowledge and awareness of key health and safety principles within residential and nursing care environments. This course introduces learners to the practical protocols required to ensure the safety of both residents and staff, covering topics such as infection prevention, safe handling of hazardous substances, emergency preparedness, fire safety, risk assessments, and manual handling procedures. Grounded in compliance with the Health and Safety at Work Act 1974, COSHH, and care-specific guidance from the Care Quality Commission (CQC), this qualification fosters a proactive understanding of daily safety obligations in care settings. Ideal for those beginning their careers in social care or supporting regulated care facilities, this award builds a strong foundation in safeguarding vulnerable populations while promoting a culture of responsibility, hygiene, and continuous vigilance.

Qualification Regulation and Support:

The Britsafe Level 1 Award in Care Home Health and Safety Protocols has been developed to address essential health and safety competencies required within residential and nursing care environments. It is awarded by Britsafe™ Qualifications UK Limited, supporting regulatory alignment, public health assurance, and recognized operational standards across the adult care sector.

Key facts:

Qualification Number:	103/5224/1
Minimum Contact Hours:	4
Guided Learning Hours:	4
Credit Value:	1
Credential Status:	Award
Assessment Method:	Multiple-choice examination



Qualification Overview and Objective:

The Britsafe Level 1 Award in Care Home Health and Safety Protocols provides foundational knowledge and skills for individuals working in care home settings. Covering risk assessment, safety practices, and emergency response procedures, this qualification ensures individuals contribute to maintaining a safe and supportive environment for residents and staff. Compliance with legal requirements is emphasized, making this award a crucial step for those involved in care home health and safety.

The objective of the qualification is to:

- Understand health and safety protocols specific to care home environments.
- Identify potential risks and hazards in care home settings.
- Learn effective safety practices for both residents and staff.
- Gain knowledge of emergency response procedures in care homes.
- Demonstrate compliance with legal requirements for health and safety in care homes.

Entry Requirements:

To register for this qualification, learners are required to meet the following entry requirements:

- Must be aged 16 and over
- Participants should have a basic understanding of the English language to effectively engage with course materials and assessments.
- This course is open to individuals of all backgrounds and experience levels who have an interest in workplace health and safety.

Geographical Coverage:

This qualification is suitable for delivery in England, Northern Ireland, Wales and can be offered internationally.

Delivery/Assessment Ratios:

To effectively deliver this qualification, centres are recommended not to exceed the ratio of 1 Qualified Tutor to 12 Learners in any one instance. If centres wish to increase the recommended ratio, they must first inform your dedicated Britsafe™ accounts manager before doing so.

Centre Requirements:

To effectively deliver this qualification, centres should have the following resources in place:

- Classroom with suitable seating and desks; and
- High-quality teaching and learning resources.

Guidance on Delivery:

The total qualification time (TQT) for this qualification is 4-hours and of this 4-hours is recommended as guided learning (GL). TQT is an estimate of the total number of hours it would take an average learner to achieve and demonstrate the necessary level of attainment to be awarded with a qualification, both under direct supervision (forming Guided Learning Hours) and without supervision (all other time). TQT and GLH values are advisory and assigned to a qualification as guidance.



Guidance on Assessment:

This qualification is assessed through a multiple-choice question exam.

- Centre's must take all reasonable steps to avoid any part of the assessment of a learner (including any internal quality assurance and invigilation) being undertaken by any person who has a personal interest in the result of the assessment.
- Centres must follow Britsafe™ Examination and Invigilation Procedures. Completed examination papers are to be returned to Britsafe™ for marking or If in case of online examination; records shall be updated on EMS portal accordingly.

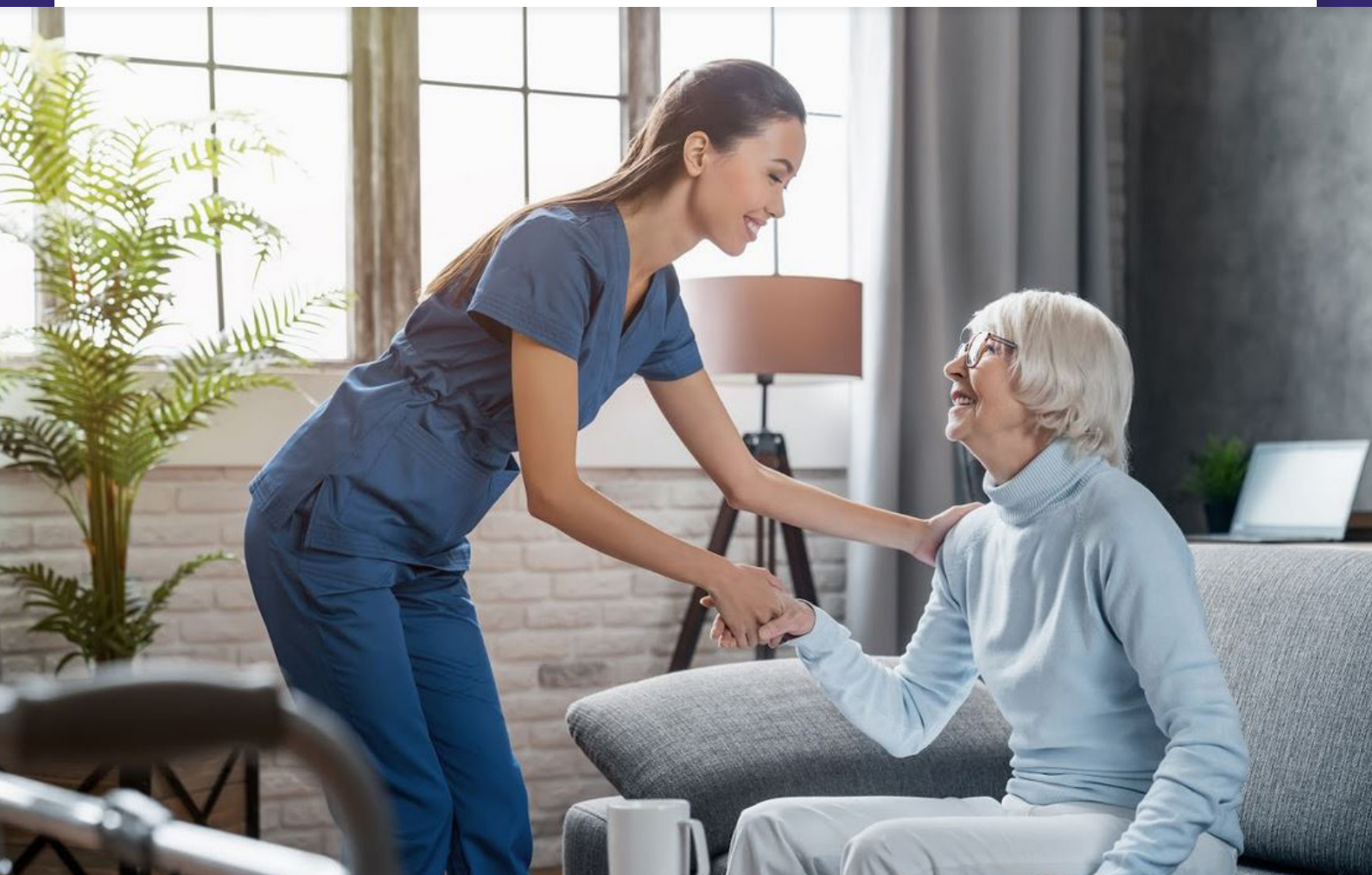
Guidance on Quality Assurance:

Britsafe™ requires centres to have in place a robust mechanism for internal quality assurance. Britsafe™ will support centres by conducting ongoing engagements to ensure and verify the effective and efficient delivery, quality assurance and invigilation of the qualification.

Tutor Requirements:

Britsafe™ recommends nominated tutors for this qualification meet the following requirements:

- A relevant health and safety qualification at Level 3 or higher,
- Membership of a professional body (e.g., IOSH, IIRSM) is desirable.
- Hold a relevant subject area qualification/or be occupationally competent.
- Hold a recognized teaching/training qualification (or suitable equivalent).
- Level 3 Award in Education and Training (AET) or Train The Trainer.





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